



OPIOIDS

KNOW THE RISKS

WHERE TO FIND HELP FOR SUBSTANCE ABUSE IN JEWISH CLEVELAND

If you or someone you care about need assistance for opioid abuse, there are resources to help you. All of these organizations can help in your time of need; any entry point is the right entry point.

► INFORMATION AND REFERRAL

Access Jewish Cleveland

- Anonymous and confidential phone line and web directory
- www.accessjewishcleveland.org
- 216-292-4636
- For anonymous e-mail: <http://www.accessjewishcleveland.org/contact-us.aspx>

The Alcohol, Drug Addiction, and Mental Health Services (ADAMHS) Board of Cuyahoga County

- Enhances the quality of life for our community through a commitment to excellence in mental health and addiction prevention, treatment and recovery services coordinated through a person-centered network of community supports.
- <http://adamhsc.org/>
- Opioid Epidemic resources: <http://adamhsc.org/en-US/heroinaddiction.aspx>
- 24-hour Crisis Information and Referral Hotline: 216-623-6888 or United Way 211
- 24-hour crisis text line: Text "4Hope" to 741741. The line is confidential, anonymous, secure and connects callers to a trained Crisis Counselor.

Naaleh

- Mental health referral service, including addiction referrals and mental health support groups
- Rabbi Chaim Helman, Director
- chaim@naalehcleveland.org
- Tova Herskovic, Referrals 216-591-6191 x3

Amudim

- Amudim's staff members as well as those in our extensive network allow us to address crisis situations with speed, skill and compassion. Medical treatment, therapy, and inpatient rehabilitation are often the first critical step but follow up, addressing of underlying issues and reintroduction to normalcy are the end goals.
- Referrals through Naaleh (see listing for contact information)
- Amudim New York Office: 646-517-0222

► TREATMENT AND RECOVERY

Recovery Resources

- Offers a variety of outpatient services including Outpatient and Intensive Outpatient Addiction Treatment Programs for adults.
- <http://www.recres.org/>
- 216-431-4131
- For intake: Karen Hutchings khutchings@recres.org
- For clinical treatment programs: Christine Couture ccouture@recres.org
- For prevention/education: Ayme McCain amccain@recres.org

▶ **TREATMENT AND RECOVERY** *(cont.)*

Stella Maris

- Provides quality chemical dependency treatment and mental health services to our community regardless of race, sex, religion, or ability to pay.
- <http://www.stellamariscleveland.com/>
- Allison Brandon
- 216-781-0550 ext. 219
- Allison.brandon@stellamariscleveland.com

Alcoholics Anonymous

- Meetings of the 12-Step program to recover from alcohol addiction and live a satisfying life without alcohol
- Weekly meetings at Suburban Temple Kol Ami and The Temple Tifereth Israel
- For more information about meeting times and locations:
 - <https://www.aacleve.org/find-a-meeting/>
 - Suburban Temple Kol Ami 216-991-0700
 - The Temple Tifereth Israel 216-831-3233
 - Mandel Jewish Community Center 216-831-0700

Bellefaire JCB

- Residential and outpatient counseling and mental health services for children including school and home-based services, social-emotional skills, and substance abuse
- Wraparound support to children and providers of foster care and kinship care
- <http://www.bellefairejcb.org/>
- Alissa Shaylor, Director of Intake
- 216-320-8485
- Shaylora@bellefairejcb.org

▶ **RESOURCES FOR FAMILY AND FRIENDS**

Jewish Family Service Association of Cleveland

- Offers support services for family members of individuals struggling with addictions. These support services may include the Forward Focus financial literacy and self-sufficiency program, camperships for children in these family systems and close collaboration with other relevant agencies and resources.
- <https://www.jfsa-cleveland.org/>
- Ginny Galili, Strengthening Families Division. Executive Director
- 216-378-3420
- ggalili@jfsa-cleveland.org

AlAnon

- Al Anon is a mutual support program for people whose lives have been affected by someone else's drinking.
- <http://www.clevelandal-anon.org/>
- For more information or to find a meeting, call 216-621-1381 or e-mail wso@al-anon.org

If you know of resources that should be added to this list,
please contact info@jcfcleve.org.